



COUNTYWIDE FITNESS CHALLENGE 2014



PLAY FOR LIFE!

Join us for a day of family fun featuring a "triathlon"—
fitness walk, bicycle fun ride and pedalboat rally.

BIOMETRIC SCREENINGS

FITNESS POWER WALK

BICYCLE FUN RIDE

PEDALBOAT AND KAYAK RALLY

PICNIC AREA

FREE GIVEAWAYS

DRAWING PRIZES

RSVP to secure your giveaway at
<http://dhr.lacounty.info>

Santa Fe Dam Recreation Area

15501 Arrow Highway
Irwindale, CA 91706
1st Supervisorial District

Saturday, October 18, 2014

8:00 am - 12:00 pm

8:00 a.m.	Registration starts
8:30 a.m.	Fitness Walk
10:00 a.m.–	Bicycle/Buggy Rides
Noon	Pedalboat & Kayak Rally
10:30 a.m.	Fitness Walk

*Kayaks, pedal boats, bicycles/buggies will be provided

